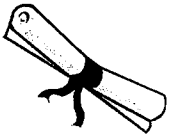


## **Countdown to College Junior Year**

**Congratulations! You have successfully completed two years of high school. You have achieved junior status. You now have only two more years of high school so you must begin to seriously decide on what your goals are and what you plan to do after you graduate. All Moanalua High School students are strongly encouraged to consider attending some type of post-secondary school to strengthen your skills and to prepare you for employment. So...as a junior, please keep in mind that:**

- This is the most serious year for grades. Work hard to get the best grades possible- this is generally the last “set” of grades listed on your transcript and the first set that Colleges really look at.
- You should take the PSAT in the fall and the SAT and/or ACT in the spring. The PSAT counts only in the junior year for National Merit purposes. If you do well enough on the SAT in the spring, you may not need to take it again.
- Make sure to study and be prepared for these tests! Don’t just wing in! There are tons of test prep materials available! Check out Khan Academy (online), 4tests.com (for practice tests) or stop by the College and Career Center for some books.
- Keep up your extra-curricular activities and keep busy during the summer. Colleges look at activities to see how long you have participated in them and in what capacity, not just how many different things you have done. Try locations outside of school---public library, hospital, day care center, A+ programs, Little League, AYSO—as sources of volunteer activity.
- At this point, borrow college guides or visit various websites to research various schools; look for all the schools that interest you.
- Expand the number of possibilities; don’t try to narrow them down just yet. When you’re looking DON’T exclude any school simply because it seems too hard or too expensive. Dream big! By the end of the year, ten to twenty schools ought to be on your “possible” list.
- Schedule a meeting with your College and Career Counselor
- Sign up for College Visits
- Begin creating your “Talk To Me Essay” (personal narrative of who you are, achievements, accomplishments, hardships, etc.)- used to assist letter writers in creating the best supporting letter of recommendation for you.



# Crossing the Bridge From High School to College

## College Planning Checklist

### Junior Year

Student's Name \_\_\_\_\_

College Counselor's Name \_\_\_\_\_

Task to be Completed	Deadline	Date Completed	Notes
Meet with college counselor	September		
Register for the PSAT	September		
Meet with college representatives who visit your school	September/October		
Attend a local college fair	September/October		
Take the PSAT	October		
Take the ASVAB (if appropriate)	October		
Review PSAT/NMSQT scores	December		
Take the ACT	February		
Register for the spring SAT test	March		
Register for the May/June SAT (if appropriate)	March/April		
Begin receiving mail from colleges	April		
Take the spring SAT test	May		
Take the June SAT (if appropriate)	June		
Plan to visit college campuses	May/June/August		
Volunteer and participate in extra-curricular activities	May/June/August		
Update Personal Data Sheet	May/June/August		

Moanalua High School  
 CAP Calendar—Junior Year

CAP Teacher \_\_\_\_\_

Week	What I Need To Do	Meeting Dates / Deadlines
August		
2		
3		
4		
September		
1		
2		
3		
4		
October		
1		
2		
3		
4		
November		
1		
2		
3		
4		
5		
December		
1		
2		
3		
4		

Moanalua High School  
 CAP Calendar—Junior Year

CAP Teacher \_\_\_\_\_

Week	What I Need To Do	Meeting Dates / Deadlines
January		
1		
2		
3		
4		
February		
1		
2		
3		
4		
March		
1		
2		
3		
4		
April		
1		
2		
3		
4		