

**CAP10: Lesson 1: RIASEC Review and Reflect
Student Worksheet**

At the end of Grade 9 CAP, you spent some time doing The RIASEC Test and doing several assignments related to the information it gave you about your interests and Career Pathways. After a year of growth—academically and otherwise, we are going to take some time to relook at that information and reflect on your career interests again.

Look through your Grade 9 folder and pull out the following materials. If you do not have these items, they are provided here also.

- *RIASEC REFLECTION (worksheet)*
- *Career Pathway Packet (packet with worksheets on all pathways)*
- *Hawaii Career Pathway System Handbook (detailed descriptions of all pathways)*

1. Directions:

- Take The RIASEC Test again and correct it. (It is provided with this lesson.)
- Find your RIASEC results from grade 9.
- Fill in the chart below.

Grade 9	Grade 10																								
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<p>CAREER PATHWAYS:</p> <p>1.</p> <p>2.</p>	<p>CAREER PATHWAYS:</p> <p>1.</p> <p>2.</p>																								
<p>SPECIFIC CAREERS/JOBS: (you may not have done this in grade 9)</p> <p>1.</p> <p>2.</p> <p>3.</p>	<p>SPECIFIC CAREERS/JOBS:</p> <p>1.</p> <p>2.</p> <p>3.</p>																								

2. Any changes in your career interests??

- If there are any changes, what do you think accounts for these changes?
- If there aren't any significant changes, what do you think accounts for that?

3. Looking Ahead: IF you know what you would like to be doing after graduation, fill in the appropriate box with as much information as you can at this point in your life. If you are unsure, fill in the ones that you might be pursuing.

<p>College: (what kind of campus, size of school, location- near city, what state/country, major to pursue, name of school...)</p>	<p>Job: (what kind of job, where-at home, away, temporary, full-time...)</p>
<p>Military: (what branch, what kind of job/career/training would you pursue, if you had a choice, where would you like to be stationed...)</p>	<p>Other: Name the option. (mission, gap year... to pursue what?)</p>

CAP10: Lesson 2: Infographic: How Ready Am I for College, Career and Life After High School?

Student Instructions and Worksheet

Infographics use pictures and other visuals to represent data, knowledge and other information clearly and quickly.

This lesson will give you the opportunity to do an “infographic” on yourself that shares information about your college / career search and preparation so far. You are free to use the attached “template” or you may design your own if you choose.

Be sure to include the following information:

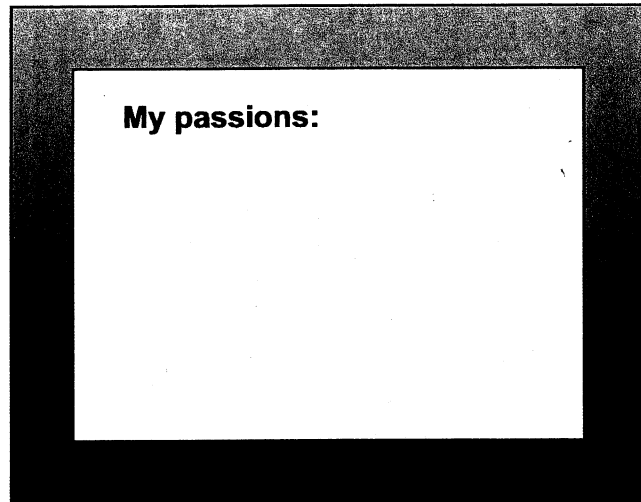
- **PASSIONS:** Based on the inventories and other tasks done in both grades 9 and 10 (especially the RIASEC lessons), what are your interests and “passions” related to your career?
- **PREPARATIONS:** How have you prepared for your future?
- **REGRETS:** Do you wish you had done some other things to be better prepared?
- **FUTURE:** Based on information from the previous lesson (#3: Looking Ahead), find or create a slogan/ motto / saying that represents your future and / or your “dreams.”
 - **Examples:** “Just keep swimming!” –Finding Nemo
“If you keep on believing, the dreams that you wish will come true.” - Cinderella
- **QUESTIONS:** You are about to complete two years of high school and enter the most important year—your junior year. In the junior year, you will be gathering valuable information about your future that will help you make the best choices and decisions. What important questions would you like to have answered in your CAP classes?

Materials:

- Instructions (this sheet)
- Template: How Ready Am I For College, Career, and Life After High School?

HOW READY AM I FOR COLLEGE, CAREER AND LIFE AFTER HIGH SCHOOL?

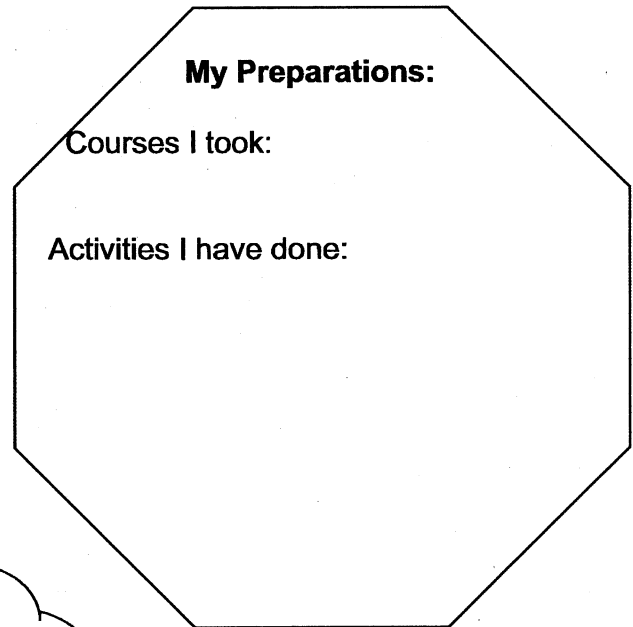
My passions:



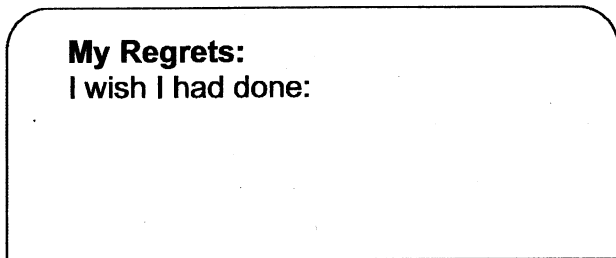
My Preparations:

Courses I took:

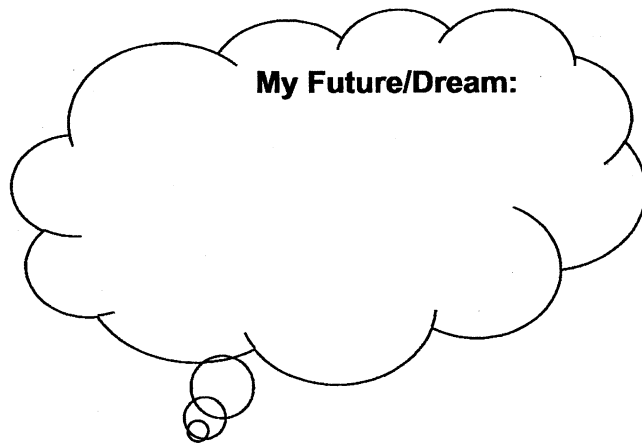
Activities I have done:



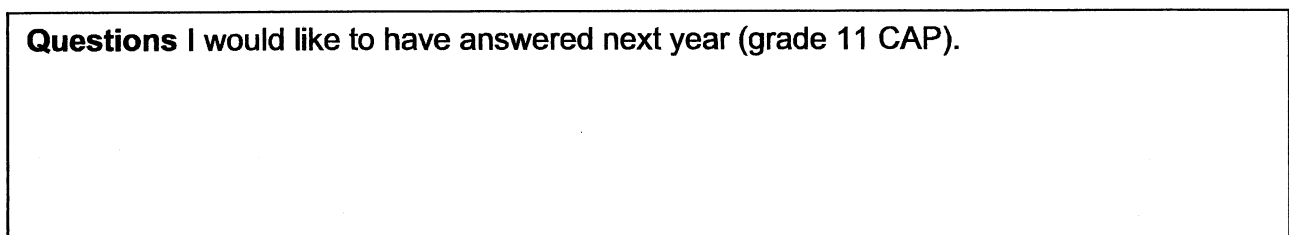
My Regrets:
I wish I had done:



My Future/Dream:



Questions I would like to have answered next year (grade 11 CAP).



Which Career Pathway is right for you?

THE RIASEC TEST

Follow these easy steps to see where your interests are.

1 Read each statement. If you agree with the statement, fill in the circle. There are no wrong answers!

1. I like to work on cars	<input type="radio"/>					
2. I like to do puzzles		<input type="radio"/>				
3. I am good at working independently			<input type="radio"/>			
4. I like to work in teams				<input type="radio"/>		
5. I am an ambitious person, I set goals for myself					<input type="radio"/>	
6. I like to organize things, (files, desks/offices)						<input type="radio"/>
7. I like to build things	<input type="radio"/>					
8. I like to read about art and music			<input type="radio"/>			
9. I like to have clear instructions to follow						<input type="radio"/>
10. I like to try to influence or persuade people					<input type="radio"/>	
11. I like to do experiments		<input type="radio"/>				
12. I like to teach or train people				<input type="radio"/>		
13. I like trying to help people solve their problems				<input type="radio"/>		
14. I like to take care of animals	<input type="radio"/>					
15. I wouldn't mind working 8 hours per day in an office						<input type="radio"/>
16. I like selling things					<input type="radio"/>	
17. I enjoy creative writing			<input type="radio"/>			
18. I enjoy science		<input type="radio"/>				
19. I am quick to take on new responsibilities					<input type="radio"/>	
20. I am interested in healing people				<input type="radio"/>		
21. I enjoy trying to figure out how things work		<input type="radio"/>				
Total						
R	I	A	S	E	C	

22. I like putting things together or assembling things	<input type="radio"/>					
23. I am a creative person			<input type="radio"/>			
24. I pay attention to details						<input type="radio"/>
25. I like to do filing or typing						<input type="radio"/>
26. I like to analyze things (problems/situations)		<input type="radio"/>				
27. I like to play instruments or sing				<input type="radio"/>		
28. I enjoy learning about other cultures					<input type="radio"/>	
29. I would like to start my own business						<input type="radio"/>
30. I like to cook	<input type="radio"/>					
31. I like acting in plays				<input type="radio"/>		
32. I am a practical person	<input type="radio"/>					
33. I like working with numbers or charts			<input type="radio"/>			
34. I like to get into discussions about issues					<input type="radio"/>	
35. I am good at keeping records of my work						<input type="radio"/>
36. I like to lead					<input type="radio"/>	
37. I like working outdoors	<input type="radio"/>					
38. I would like to work in an office						<input type="radio"/>
39. I'm good at math		<input type="radio"/>				
40. I like helping people					<input type="radio"/>	
41. I like to draw				<input type="radio"/>		
42. I like to give speeches						<input type="radio"/>
Total						
R	I	A	S	E	C	

Total

Grand Total

R	I	A	S	E	C

2 Add up the number of filled in circles in each column and then add the two columns together for a grand total.

3 Using your grand total scores from above, transfer the scores for each letter into the appropriate column below.

- | | | |
|----------|-----------------|--------------|
| R | = Realistic | Total: _____ |
| I | = Investigative | Total: _____ |
| A | = Artistic | Total: _____ |
| S | = Social | Total: _____ |
| E | = Enterprising | Total: _____ |
| C | = Conventional | Total: _____ |

4 Take the three letters with the highest scores and record them under "My Interest Code".

5 Turn the page to see what this means!

My INTEREST CODE		
_____	_____	_____

Which Career Pathway is right for you?

RESULTS OF THE RIASEC TEST

R = Realistic

These people are often good at mechanical or athletic jobs. Good college majors for Realistic people are...

- Agriculture
- Health Assistant
- Computers
- Construction
- Mechanic/Machinist
- Engineering
- Food and Hospitality

Related Pathways

Natural Resources
Health Services
Industrial and Engineering Technology
Arts and Communication

I = Investigative

These people like to watch, learn, analyze and solve problems. Good college majors for Investigative people are...

- Marine Biology
- Engineering
- Chemistry
- Zoology
- Medicine/Surgery
- Consumer Economics
- Psychology

Related Pathways

Health Services
Business
Public and Human Services
Industrial and Engineering Technology

A = Artistic

These people like to work in unstructured situations where they can use their creativity. Good majors for Artistic people are...

- Communications
- Cosmetology
- Fine and Performing Arts
- Photography
- Radio and TV
- Interior Design
- Architecture

Related Pathways

Public and Human Services
Arts and Communication

S = Social

These people like to work with other people, rather than things. Good college majors for Social people are...

- Counseling
- Nursing
- Physical Therapy
- Travel
- Advertising
- Public Relations
- Education

Related Pathways

Health Services
Public and Human Services

E = Enterprising

These people like to work with others and enjoy persuading and performing. Good college majors for Enterprising people are:

- Fashion Merchandising
- Real Estate
- Marketing/Sales
- Law
- Political Science
- International Trade
- Banking/Finance

Related Pathways

Business
Public and Human Services
Arts and Communication

C = Conventional

These people are very detail oriented, organized and like to work with data. Good college majors for Conventional people are...

- Accounting
- Court Reporting
- Insurance
- Administration
- Medical Records
- Banking
- Data Processing

Related Pathways

Health Services
Business
Industrial and Engineering Technology